

Training Series Nazli Anwari Lifestyles

Are you uncomfortable with your physical body? Are you easily fatigued, experience digestive discomfort after meals?

Is your weight getting in the way of your comfort and clothes? Do you feel menopausal, old and unattractive?

Are you tired of popping pills to keep healthy? Do you wish to be the master of your body and health?

*I have the SOLUTION, a technology
So simple and creative, you will wonder
Why you never got started earlier.*



GREEN FOODS™

Plant food recipes that make you **FEEL** great, **LOOK** Fabulous,
LIVE Long & Strong.

**A training that teaches you to master the craft of
vegetables and herbs as medicines.**

**Learn how to: Distill the powerful essences of
edible plants and herbs to impact your health.**

*‘Let your food be your medicine, and let your
medicine be your food’ Hippocrates*

Nazli conducts two hour workshops for interested groups.

For more information: Nazlivingspace@gmail.com