

Kee Yew's Vegetarian Wellness Classes Schedule*:

updated 27th Oct '09

Date / Time	Course / Event	Venue/Co-organiser ^/ Investment /Remarks
10 th Dec 2009 (Thurs) 7.30pm ~ 9pm	Simple Vegetarian Cooking (Mandarin)	Buddhist Life Mission Association (Free)
12 th Dec 2009 (Sat) 4pm~7pm	Biodynamic Diet Workshop (English)	Onaka SGD80/pax includes full biodynamic meal
30 th Jan 2010 (Sat) 7.30am ~ 6.30pm	1 Day Local Organic Tour (English)	Awareness Place / Cielo Sereno (SGD65)
2 nd Apr 2010 (Fri, P.H.) 8.30am~5.30pm	Simple Detox Workshop (English)	Awareness Place (SGD80)
4 th , 11 th Apr 2010 (Sun) 2.30pm~4.30pm	The Basics of Healthy Diet 1 & 2 (English)	Awareness Place (SGD30 for 2 classes)
8 th , 15 th , 22 nd , 29 th Jun 2010 (Tues) 7.30pm~9.30pm	Vegetarian Healing 1-4 (English) *Advance Course*	Awareness Place (SGD200 for 4 classes)
Early Aug 2010 7days	Organic Retreat @ Bali, Indonesia (English)	Cielo Sereno (T.B.A.)
12 th , 19 th Sep 2010 (Sun) 2.30pm ~ 4.30pm	Simple Vegetarian Cooking 1 & 2 (English)	Awareness Place (SGD36 for 2 classes)
5 th , 12 th Oct 2010 (Tues) 7.30pm~9.30pm	The Basics of Healthy Diet 1 & 2 (Mandarin)	Awareness Place (SGD30 for 2 classes)
14 th , 21 st Dec 2010 (Tues) 7.30pm~9.30pm	Simple Vegetarian Cooking 1 & 2 (Mandarin)	Awareness Place (SGD36 for 2 classes)
All year round	Personal Vegetarian Coaching	<i>Please enquire ☺</i> <i>E. kee_yew@yahoo.com Hp. 911 75756</i>

*All classes/events/charges subject to change without prior notice. Kindly call/email to double confirm/reserve seats.

^All registration and payment via co-organizers

Partners:

Buddhist Life Mission 佛教生命协会

<http://buddhistlife2006.blogspot.com/>

19B Lorong Bachok (off Geylang Lor. 19),
Singapore 387788.

Tel: (65) 6836 9088

Fax: (65) 6836 0966

Email: buddhistlifemission@yahoo.com.sg

Onaka

<http://www.onakagroup.com/>

8A Biomedical Grove #01-17/18,

Immunos @ The Biopolis,

Singapore 138648.

Tel: 6464 2007

Fax: 6464 2030

Email: info@onakagroup.com

Awareness Place [The well-being Centre] | Bras Basah

<http://www.awarenessplace.com/>

#03-39 Bras Basah Complex,

Singapore 180231.

Tel/Fax: 6336 5067

Email: apmc@awarenessplace.com

Cielo Sereno

<http://www.CieloSereno.net/>

Email: CieloSerenoMail@gmail.com

Visit Kee Yew's Blog for more Holistic Wellness Info:

<http://learning-holistic-wellness.blogspot.com/>